

# Did you know?

- 75% of all meals are freshly prepared.
- 50% of produce is locally sourced.
- All meals are offered with salad, wholemeal bread and a vegetable selection.
- We use Red Tractor chicken, which guarantees safe, quality chicken which meets welfare standards.
- All fish used on our menus are Marine Stewardship Certified (MSC), meaning we only use compliant sustainable fisheries operating to high standards.
- We do not add salt to our dishes.
- All eggs are free range.
- All cakes and biscuits on offer are freshly-made.
- Once per menu cycle an assortment of fruit jelly, fresh fruit and yoghurt's are the only pudding option.
- All puddings are made from reduced sugar recipes and fresh fruit is available daily.
- Additional gluten free options can be available on request.
- Please be aware that our gluten free products are prepared and cooked in the same school kitchen as our non-gluten free products.



## Allergen information

Details of allergens for each Shire Services' recipe are listed in our allergy guidance packs. Please contact the school to arrange to meet the school Catering Manager to discuss any dietary requirements.

## Why not join our team?

We offer job opportunities for employment in administration, catering and cleaning. All job vacancies are advertised at:

<https://shropshirejobs.engageats.co.uk>  
*Free school meals?*

## Free school meals?

You may qualify for free school meals. Telephone 0345 678 9000 for further information.

## Head Office

Tel: 01743 250250  
[shire.services@shropshire.gov.uk](mailto:shire.services@shropshire.gov.uk)  
[www.shropshire.gov.uk/shire-services](http://www.shropshire.gov.uk/shire-services)

The Food Enterprise Centre  
Battlefield Enterprise Park  
Shrewsbury  
SY1 3TG

Follow us on  
Facebook  
as 'Shire Services'  
and Twitter as  
'Shropschoolmeal'



# Bishop Hooper CE Primary School

## Lunch Menu

April 2018 - April 2019



**LOCAL**seasonal  
**traceable**healthy  
**TASTY**free range  
**SUSTAINABLE**FOOD

# Week



## Monday

Pork & Carrot Meatballs  
(With freshly made tomato sauce)  
Mediterranean Omelette (v)

Pasta, Baby Potatoes  
Green Beans, Sweetcorn

Ginger & Orange Sponge  
with Custard

## Tuesday

Selection of Fish  
(Including salmon)  
Selection of Hot  
& Cold Wraps

Jacket Wedges  
Creamed Potatoes  
Baked Beans, Peas

Chocolate & Vanilla  
Shortbread

## Wednesday

Roast Beef  
(With Yorkshire pudding & gravy)  
Linda McCartney Sausage in  
a Yorkshire Pudding (v)

Roast & Creamed  
Potatoes  
Carrots, Cauliflower, Peas

Eve's Pudding & Custard

## Thursday

Selection of Fish  
Cheesy Pasta Bake (v)

Creamed Potatoes  
Fresh Bread Wedge  
Baked Beans  
Broccoli

Selection of Cookies

## Friday

Pizza  
(With a selection of toppings)  
Cottage Pie (With gravy)

Chips  
Creamed Potatoes  
Sweetcorn, Carrots

Apple & Oat Brownie

## Menu Weeks

|            |            |
|------------|------------|
| 16-04-2018 | 14-01-2019 |
| 07-05-2018 | 04-02-2019 |
| 04-06-2018 | 04-03-2019 |
| 25-06-2018 | 25-03-2019 |
| 16-07-2018 |            |
| 10-09-2018 |            |
| 01-10-2018 |            |
| 22-10-2018 |            |
| 19-11-2018 |            |
| 10-12-2018 |            |

# Week



## Monday

Selection of Fish  
Beef Pie  
(With gravy)

Creamed Potatoes  
Pasta  
Peas, Carrots

Flapjack

## Tuesday

Pork Sausages  
Roast Vegetable  
& Cheese Parcel (v)

Chips  
Jacket Potato  
Sweetcorn  
Baked Beans

Apple Crumble & Custard

## Wednesday

Roast Chicken  
(With gravy)  
Quorn Fillet  
with Gravy (v)

Roast & Creamed  
Potatoes  
Carrots, Cabbage  
Leek & Sweet Potato Bake

Vanilla & Chocolate  
Cupcakes

## Thursday

Beef Bolognaise  
Selection of Fish  
(Including salmon)

Baby Potatoes  
Spaghetti, Peas  
Carrots

Chocolate Sponge  
with Chocolate Sauce

## Friday

Pizza  
(With a selection of toppings)  
Sweet Chilli Chicken

Jacket Wedges  
Noodles  
Sweetcorn  
Baked Beans

Selection of Cookies

## Menu Weeks

|            |            |
|------------|------------|
| 23-04-2018 | 21-01-2019 |
| 14-05-2018 | 11-02-2019 |
| 11-06-2018 | 11-03-2019 |
| 02-07-2018 | 01-04-2019 |
| 23-07-2018 |            |
| 17-09-2018 |            |
| 08-10-2018 |            |
| 05-11-2018 |            |
| 26-11-2018 |            |
| 17-12-2018 |            |

# Week



## Monday

Beef Grill  
Pasta Neapolitan (v)

Chips  
Fresh Bread Wedge  
Baked Beans, Broccoli

Assorted Fruit Muffins  
(Apple, blueberry & orange)

## Tuesday

Chicken Tikka Masala  
(With naan bread)  
Selection of Fish

Brown & White Rice  
Baby Potatoes  
Sweetcorn, Peas

Toffee Cake with Custard

## Wednesday

Roast Pork  
(With apple sauce & gravy)  
Cheese & Red  
Onion Quiche (v)

Roast & Creamed Potatoes  
Carrots  
Cauliflower & Broccoli

Selection of Cookies

## Thursday

Crispy Chicken  
(With sweet & sour sauce)  
Jacket Potato (v)  
(With cheese & pineapple)

Noodles  
Baked Beans, Sweetcorn

Vanilla Iced Sponge  
& Custard

## Friday

Pizza  
(With a selection of toppings)  
Italian Pasta

Jacket Potato Slices, Pasta  
Peas, Carrots

Fruity Friday  
Fresh Fruit Salad  
Fruit Platter  
Fruit Jelly  
Yoghurt

## Menu Weeks

|            |            |
|------------|------------|
| 30-04-2018 | 28-01-2019 |
| 21-05-2018 | 25-02-2019 |
| 18-06-2018 | 18-03-2019 |
| 09-07-2018 | 08-04-2019 |
| 03-09-2018 |            |
| 24-09-2018 |            |
| 15-10-2018 |            |
| 12-11-2018 |            |
| 03-12-2018 |            |
| 07-01-2019 |            |

Available daily: Jacket potato with a selection of fillings, freshly made bread, selection of salads, fresh fruit and assorted yoghurts as an alternative to dessert of the day.  
Additional vegetarian options are available on request. The menu may vary on promotional days. Allergy information is available on request.